

MOVING FORWARD TOGETHER: INNOVATION AND ANTI-RACISM NOVEMBER 21, 2023



MESSAGE FROM THE CHAIR

Dear All,

This is a wonderful holiday coming up, giving us the opportunity to reflect on all the things for which we are grateful.

I am very grateful for the privilege of working with you to fulfill the important missions of the department. Every day, you strive to care for patients who are suffering, educate the next generation of clinicians, find the causes and remedies for the ailments that we treat and engage with our community to make it a better place. We are blessed to have jobs that give us the chance to be altruistic every day! That in turn, helps us build resilience.

Of course, the holiday is not without stress. Many have to travel far to be with loved ones and for some, being with loved ones can bring challenges. That said, please take some time for yourself out of the busyness of this celebration. Please try to find time to reflect on what is good in your life and if you are traveling, please be safe.

Warmly and with gratitude, m

THANK YOU FOR YOUR SERVICE.

Vision

Promoting health for the brain and mind to transform lives and the world.

Mission

Penn Psychiatry develops and implements new ideas to understand, prevent, and treat disorders of the brain and mind, through innovative research and discoveries, outstanding educational, world-renowned clinical services, and transformational public health policies.

Click <u>here</u> to access the Penn Psychiatry website. Click <u>here</u> to access the CPUP Committee on Anti-Racism